

March 2008

THE THIRD AGE TRUST



THE UNIVERSITY OF THE THIRD AGE

Food

Sue Thorpe

Food Group Start-up Document

Hello,

I'm pleased that you are interested in starting a food group.

Individual groups have different foci of interest; some cook, some go out for meals and others drink as well as cook and eat. Whatever approach you want to take and however you want to organise yourselves is fine – what works for your group is what is important. This may be all you wanted to know, in which case good luck with your new group; or it may be no help at all.

If it's the latter please give me a call and we can have a chat about all the possibilities. Whether or not you want more help just now it would be a great help if you would send you contact details to me so that we can keep in touch as whole group.

My contact details:-

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Best wishes for a successful group and lots of fun along the way.

Sue Thorpe

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